

New Book Launches October 2014 during Canada's Autism Awareness Month

Living autism day.by.day *Daily Reflections & Strategies to Give You Hope and Courage*

Autism, also known as Autism Spectrum Disorder (ASD), is a multiplex of developmental disabilities. The latest stats from the Center for Disease Control and Prevention (CDC) show that 1 in 50 U.S. children now have autism. About 1 in 42 boys and 1 in 189 girls were identified with ASD. Prevalence of autism in Canada Autism is now recognized as the most common neurological disorder affecting children and one of the most common developmental disabilities. Autism now affects tens of millions worldwide, about 1 percent of the population, and appears to be increasing 10 to 17 percent annually. This means that you likely know--or know of--a child and family struggling with the issues that come along when autism is part of the family.

One of those people is Pamela Bryson-Weaver. Two of her three children have special needs: John, her youngest son, has autism and Joshua, her eldest son, has Tourette's and ADHD. As a mother of an autistic child, she set out to learn as much as she could about this condition. Now she wants to be a parent advocate and your go-to mom on autism. Her sage advice, wisdom, knowledge, and expertise as an advocate for autism, speaker on autism, head of non-profits, and now an author on autism, all help her insight and understanding of autism and its affect on families.

As part of her ongoing efforts to help, she offers *Living autism day.by.day: Daily Reflections & Strategies to Give You Hope and Courage*. Freedom Abound Press is publishing this book for the express purpose of supporting parents and caregivers dealing with autism spectrum disorders day in and day out.

Readers will learn...

- what is available in the field of Autism Spectrum Disorders for services and professionals
- how to understand and put into context everything you will hear about in the world of autism.
- what types of feelings, emotions and issues you will deal with on a personal level as a parent or caregiver

With her gift of story-telling and daily thought-provoking reflections, deep sense of compassion, and rich sense of understanding, Bryson-Weaver takes readers on a year-long journey. Set up to read one page in just a few minutes each day, the book's words of hope, its insightful story, along with gentle and kind advice come from someone who isn't a doctor or therapist, but who is just like you. As parent who is still living through the same fears, Bryson-Weaver understands what you are going through because she's going or has gone through it, too. Her "Daily Reflections" and insights are just what you, your heart, your child and family need. *Living autism day.by.day* is a great resource for parents, caregivers, family and friends.

Bryson-Weaver's book offers compassionate, concise daily readings on autism awareness, self-awareness, practical advice, humour, anecdotes, paradoxes, tips, inspiring quotes, and a way to discover the blessings of autism. The reader is given researched facts and additional resources to follow up on any information they choose to focus on. From a parent's perspective, *Living autism day.by.day* is an indispensable reference on the things you need to know about autism, and is a resource you can turn to again and again.

Dr. Temple Grandin, a world-known expert and resource for ASDs and the author of numerous books including **The Autistic Brain**, comments: "*Living autism day.by.da*" will help parents to persevere and meet the challenges of raising a child with severe autism." As a professor, inventor, best-selling author and rock star in the seemingly divergent fields of animal science and autism education, she knows what she is talking about. Grandin was the subject of an award-winning 2010 biographical film, and was listed in the *Time* 100 list of the one hundred most influential people in the world in the "Heroes" category.

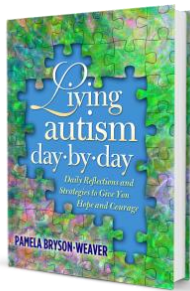
Learn more about *Living autism day.by.day* at livingautismnow.com. Download a free report, "10 Things You Should Never Say To a Person with Autism." For personalized copies of her book, contact Pamela@LivingAutismNow.com. Otherwise your favorite book outlet will be delighted to provide you with *Living autism day.by.day*. Note: Bulk orders can be purchased at discounts directly from Freedom Abound Press at 506.471.7440 or info@LivingAutismNow.com.

About the Author:



Pamela Bryson-Weaver is an author, speaker and activist for children with special needs, children who are close to her heart. She has spent most of her professional career working with clients who have special needs, including Autism Spectrum Disorders. She is a past president of the Autism Society in New Brunswick, Canada. Her activism has allowed her to work with government members of Parliament and other parents. Their combined efforts now offer all children diagnosed with an autism spectrum disorder in New Brunswick to receive \$20,000 a year for treatment! Bryson-Weaver served as Director of a program called Pee Wee Active Living, formally Junior Special Olympics, a program she began in Hanwell, NB. Bryson-Weaver also produced and promoted through Canada's largest women's league a resolution on autism that was presented locally, provincially, and nationally, and was passed nationally in Canada in 2004.

About the Book:



Autism Spectrum Disorders (ASDs) is reaching epidemic proportions throughout the world in families of all racial, ethnic, and social backgrounds. Autism is five times more likely to be found in boys than in girls. Autism is a devastating neurological and biological disorder that typically affects children between the ages of 18 months to five years of age. This diagnosis is so heartbreaking to most families that parents and caregivers are desperately seeking answers. The strenuous demands of specialized care and overwhelming strain of information leave little or no time to absorb the knowledge available. In her new book, *Living autism day-by-day; subtitled: Daily Reflections & Strategies to give you hope and courage*, Pamela Bryson-Weaver shares as a parent how she learned that her youngest son is autistic. The past 16 years, she has worked with doctors, autism organizations, and both government and private professionals. This book is a wonderfully easily digestible resource book for parents and caregivers. It will help parents identify a child with autism, guide them through the early years, and decide which is the right course to take when all paths seems equally daunting. Bryson-Weaver hopes her book will provide a comfortable way for parents and caregivers to learn and understand the volumes of information out there on autism spectrum disorders. In just five minutes a day, through the 365 days of the year, readers will learn new and hopeful information.

**A share of proceeds from book sales will go to a resourceful new website --
LivingAutismNow.com – which offers FREE membership.**

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Review Copies and Media Interviews:

For a review copy of *Living autism day-by-day* and/or an interview with Pamela Bryson-Weaver, please contact Kate Bandos, KSB Promotions, kate@ksbpromotions, 616-676-0758 (Michigan; Eastern Time).